

Belissimo Books

B O O K S F O R L I V I N G

Some additional things you might like to know about the book...

- Dr Andrew Weil, reviewed and contributed to a key part of the book - the chapter featuring the Top 20 cancer fighting foods. Dr. Weil is an internationally recognized expert on medicinal herbs, mind-body interactions and Integrative Medicine. In addition, Dr. Weil is the author of eight books including the national bestsellers *Spontaneous Healing*, *Eight Weeks to Optimum Health* and *Eating Well for Optimum Health*.
- Edgar Mitchell, Apollo Astronaut and founder of the Institute of Noetic Sciences, a pioneer in research into the body, mind, spirit connection reviewed and positively commented on the chapter on "the power of the positive".

Recent Events:

- The Canadian book launch on March 6, 2004 attracted media attention and over 200 people.
- The Canadian Distributor sold out of it's stock of books in just 5 weeks.
- The book has been featured in the following print media: Independent Times, Balanced Life Magazine, Alive Journal, Canada's Healthy Living Guide, Healthy Horizons and Vancouver Business Magazine.
- The author has appeared on Balance TV, City TV News Hour, Breakfast Television, CTV, City Cooks, Shaw Cable TV and Channel M and News 1130.
- The book is available in stores across Canada and the US. The author will be doing a speaking tour of the US. Dates to be announced.

See for yourself why this book is headed to be a National Best Seller.

Staying Alive! is a "must read" for not only the lay person or those with cancer, but also for physicians and nutritionists who work with people with cancer."

Dr R. H. Rogers M.D.
Co-Founder, Centre for Integrated Healing
Recipient of the Order of British Columbia, 2001